

FIT & FUN KIDS BREAKFAST CLUB

Mornings at Magnuson Park

We believe that kids deserve the opportunity to lead an active and healthy life. We'll encourage kids to get moving through fun, age appropriate games and exercises. Youth will learn about and experience hands-on activities relating to health and nutrition, including morning smoothie making. Fit & Fun Kids is held Monday through Friday, from 7:00am to School Day.

Child 1 Name: _____
 Birth Date: _____ Grade: _____
 School: _____

Child 2 Name: _____
 Birth Date: _____ Grade: _____
 School: _____

Parent Name: _____
 Email: _____
 Phone Number: _____



Shuttle Service:

We currently offer morning shuttles from Magnuson Park to:

- ⇒ Bryant Elementary
- ⇒ Sandpoint Elementary
- ⇒ Thornton Creek Elementary
- ⇒ View Ridge Elementary
- ⇒ Wedgewood Elementary

If your school is not currently listed, contact Universityprograms@seattleyymca.org to inquire about the possibility of setting transportation up with your child's school.

Everyone is welcome. The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility. **Financial assistance is available.**

Cost: \$1650 for the entire school year

Program doesn't run on holidays or no school days.

Select Payment Options:

- Pay in full for Breakfast club
- Charge my card monthly on the 1st (\$165 charge each month)

TOTAL AMOUNT PAYING: _____

_____ Check (Made out to the University Family YMCA)
 _____ Cash
 _____ Visa _____ MasterCard _____ Discover _____ Amer Express
 Card # _____
 Exp. _____ Security Code _____
 Cardholder's Signature: _____

UNIVERSITY FAMILY YMCA
 5003 12th Avenue NE, Seattle, WA 98105
 P 206 524 1400 F 206 524 8613 universityfamilyymca.org



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

KIDS UNIVERSITY

AT MAGNUSON PARK

UNIVERSITY YMCA

Our program at Magnuson Park provides a stimulating environment where children experience classes rich in cognitive and creative skill building. The hands on Kids U format encourages children to experiment with a broad spectrum of afterschool enrichment that allow them to develop their own skills, talents, and interests.

Classes run M-F afterschool until 6:30pm and will rotate on a quarterly basis. Sign up for just a few classes or take advantage of our yearly enrichment pass!

Transportation:

We currently offer afternoon shuttles to Magnuson Park from:

- ⇒ Bryant Elementary
- ⇒ Laurelhurst Elementary
- ⇒ Sandpoint Elementary
- ⇒ Wedgewood Elementary
- ⇒ John Rogers Elementary

Please contact your school directly to arrange transportation if they attend one of these schools:

- ⇒ Hazel Wolf Elementary
- ⇒ Thornton Creek Elementary
- ⇒ View Ridge Elementary
- ⇒ Cascadia

If your school is not currently listed, contact the program registrar at universityprograms@seattleyymca.org to inquire about the possibility of setting transportation up with your child's school.



REGISTRATION

[Register online](#) or complete the attached registration forms and submit to the University Family Y. For more information, please contact the Program Registrar at 206.524.1400 or universityprograms@seattleyymca.org. Everyone is welcome. Email the Registrar if you have questions about applying for scholarship.

While we are as accommodating as possible to individual schedules, our classes are staffed based on enrollment. All cancellation requests must be received before September 12th. We will not offer prorated refunds for partial months of attendance. Thank you for being respectful of this policy.

Register for Kids U



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fall Quarter 2016: September 7th –November 4th

We offer an enriching and positive environment to help your child grow and develop to their full potential. With a calm and creative setting, Kids University offers your child the chance to thrive while learning and growing in a socially conscious, child oriented, fun and enjoyable environment.

Afterschool enrichment **will not** be held on No School Days. Check out our **No School Days options** for care on those days from 8am-6pm. No School Days are \$50 per day per child. Early dismissals are \$20 per child. Enrichment Pass registration includes all Early Dismissal Days.

In order to ensure the success of all Kids University classes, cancellations will not be accepted and refunds will not be given after September 12th. If you need to cancel your yearly enrichment pass during the year, please let us know before the end of the month to ensure you are not charged for subsequent months. We will not provide prorated refunds for months of partial attendance.

Register **online** or fill out this form and return to the University Family YMCA or Kids University. Forms can be emailed to universityprograms@seattleyymca.org, faxed to 206-524-8613 or mailed to 5003 12th Ave. N.E. Seattle, WA 98105. Registration can also be done online at www.universityfamilyymca.org. Please call the University Family YMCA at 206-524-1400 or email universityprograms@seattleyymca.org with any questions.

Child's Name: _____ Birth Date: _____

School: _____ Grade: _____

Parent Name: _____ Parent Birth Date: _____

Address: _____

Email: _____ Phone Number: _____

Out of Household Emergency Contact Name: _____ Phone: _____

Please indicate any health concerns or allergies that we need to be aware of: _____

List any medications that need to be administered during program hours: _____

Lists any behavioral needs or concerns we should be aware of: _____

Is there a family situation you want us to be aware of that would affect who picks up your child? (If yes, we will follow up with you) _____

NO SCHOOL DAYS AT KIDS U

Students K-5th are invited to join in the fun at Kids University. Children build group skills, hone hand/eye coordination, improve reading skills, and build self confidence all under the playful disguise of gym games, art projects, story time, field trips, and free-play time.

Programs run from 8:00 am until 6:00 pm with flexible drop-off and pick-up times to fit the schedule of your family. Cost is \$50 per child for No School Days and \$20 for Early Dismissals. Please bring a lunch and water bottle for No School Days. Also, remember to bring appropriate outdoor gear for current weather conditions as we like to get outside, too!

Register online, by phone at 206.524.1400, or return this form via fax (206.524.8613) or email (universityprograms@seattleyymca.org) to the University Family YMCA (5003 12th Ave NE).

Child 1 Name: _____ Birth Date: _____

School: _____ Grade: _____

Child 2 Name: _____ Birth Date: _____

School: _____ Grade: _____

Parent Name: _____

Email: _____

Phone Number: _____

Select Payment Options:

- Pay for Selected Days now.
- Set my card up to auto pay ON the selected dates.
- Add the charge to my monthly bill.

TOTAL AMOUNT DUE: _____

_____ Check (Made out to the University Family YMCA)

_____ Cash

____ Visa ____ MasterCard ____ Discover ____ American Express

Card # _____ Exp. ____ Security Code _____

Cardholder's Signature _____

Select Days for Fall Quarter:

Sept 28 Early Dis ____ (\$20)

Oct 14 No School ____ (\$50)

Oct 26 Early Dis ____ (\$20)

AFTER-SCHOOL ENRICHMENT KIDS U PROGRAMS AT MAGNUSON PARK

CLASS DESCRIPTIONS: Fall Quarter 2016

MONDAY

Ceramics (A) 2:45-4:00

Get your hands dirty! We will be learning sculpting basics and will have opportunities to create and bring home our own projects.

Soccer (A) 2:45-4:00

Students are invited to learn skills and make friends in this fun, fast -paced class. All ability levels are welcome to practice & scrimmage weekly.

Think Tank (A) 2:45-4:00

Designed for those who have homework to complete, or enjoy challenging themselves by completing grade level worksheets. Or maybe you want more reading time.

Jewelry Making (B) 4:15-5:15

Create fantastic pieces from bracelets, rings, necklaces, and more. Use mediums that include beads, wire, paper, and clay. Everyday participants will take home a priceless treasure.

Hoop It Up! (B) 4:15-5:15

There are a wide variety of games you can play using a basketball other than basketball. PIG and BUMP are just a few you will play.

Outdoor Living Skills (B) 4:15-5:15

Introducing a club for all kids who love to be outside! Students will learn crucial skills for appreciating, exploring, and even surviving in the great outdoors.

Hockey (C) 5:15-6:15

Kids who love to run fast will love this fast-paced, heart-pounding game! Technique, terms, teamwork, communication, and sportsmanship are the focus.

Deal (C) 5:15-6:15

Playing card games is a great way for children to learn a variety of skills, including math, taking turns, basic strategy, and being a good sport. Participants will learn new card games as well as play some of their old favorites.

TUESDAY

Messy Madness (A) 2:45-4:00

In this class we will explore the world through interactive art and science projects. This hands-on class will allow children to explore different mediums through sensory education.

Flag Football (A) 2:45-4:00

This class will focus on some strategies of football while keeping it safe. We will focus on sportsmanship and team work

Paper Crafts (A) 2:45-4:00

Art such as origami, paper mache, and stationary making will be explored. Students participate in self-expression while sometimes making a mess.

Out of this World (B) 4:15-5:15

Explore distant worlds and galaxies, and participate in out-of-this-world activities and lessons about space.

Dodgeball (B) 4:15-5:15

Nothing get the heart pumping like the fast paced action of dodge-ball. Keeping fit has never been more fun and our ultra-soft Gator Balls make sure it's safe for everyone. With dozens of variations to choose from, we'll keep up the excitement all fall.

Think Tank (B) 4:15-5:15

Designed for those who have homework to complete, or enjoy challenging themselves by completing grade level worksheets. Or maybe you want more reading time.

Tag! You're It! (C) 5:15-6:15

Tunnel tag, zombie tag, freeze tag and more! Join your friends for this age old game with countless variations!

Gameshow Club (C) 5:15-6:15

Game Show club offers a new opportunity for friendly competition. In order to instill a spirit of healthy competition make sure to remind children about sportsmanship and teamwork. Plus have fun with classics like Jeopardy and Family Feud.

WEDNESDAY

Wednesday Walkers (A) 2:45-4:00

Have you ever wondered how far you have walked during the course of a day? Participants will be learning about the benefits of walking and how to track just how far they go all while enjoying the beauty of Magnuson Park.

Young Inventors (A) 2:45-4:00

Join us in the Kids U laboratory for hands on experiments that will show students how cool science can be. From rockets to science you can eat we will explore the diversity of the scientific world.

Think Tank (A) 2:45-4:00

Designed for those who have homework to complete, or enjoy challenging themselves by completing grade level worksheets. Or maybe you want more reading time.

Fuse Beads (B) 4:15-5:15

Those tiny little beads create hours of creative fun. Use a stencil, or create your own unique design to melt into a lasting memory.

Kids U News (B) 4:15-5:15

Hear it here first! In this student run news outlet, kids will report on the happenings at Kids U. Students will develop writing, interviewing and illustrating skills.

Run the Bases (B) 4:15-5:15

From Kickball to baseball and any other sport that involves going from here to there. Stay active and healthy, and hone your physical skills.

Jump Rope (C) 5:15-6:15

Dust off your jump ropes! This class is designed to increase cardiovascular endurance and improve coordination and agility will having fun and design an end of session routine.

Animal Kingdom (C) 5:15-6:15

We will learn about a different animal each week and do a craft inspired by that animal.

THURSDAY

Board Game Club (A) 2:45-4:00

Students will not be bored by board games! We'll work on social skills such as patience and taking turns-and have a blast doing so!

Cardio Blast (A) 2:45-4:00

Keep yourself active every day! Explore a world of playground games you never knew existed. Each week we will learn two new and exciting games and try them out.

Improv 101 (A) 2:45-4:00

This hands on class will focus on teaching children how improv and acting can help build confidence and be fun! Students will explore improv terms, drama games, short skits and take on various roles throughout this course.

Checkmate (B) 4:15-5:15

Improve critical thinking, make new friends, and learn one of the most popular games ever—join chess club! All levels are welcome to learn about rules, strategy, practice & have fun.

Field Games (B) 4:15-5:15

With teamwork as our focus, we will play multiple games, every-thing from Capture the Flag to Night at the Museum. Everyone is welcome!

Think Tank (B) 4:15-5:15

Designed for those who have homework to complete, or enjoy challenging themselves by completing grade level worksheets. Or maybe you want more reading time.

Camp Crafts (C) 5:15-6:15

Join us in making meaningful and creative craft projects that you can share with friends and family each week. Whether its fuse beads, friendship bracelets, tie-dye or weaving, you'll find it in camp crafts.

Jurassic World (C) 5:15-6:15

Calling all paleontologists! Come express your love for dinos as we learn about the times before humans walked the earth!

FRIDAY

Lego Engineers (A) 2:45-4:00

Kids sure do love Legos! We will work together to build new structures every week while learning to work together as a group, and improving verbal communication.

Lawn Games (A) 2:45-4:00

Using our own "Yard" outside of the Brig, participants will play classic yard games such as capture the flag, kickball, sharks and minnows, fire in the forest, Frisbee golf, and more. The focus here will be sportsmanship, teamwork and participation.

Yoga (A) 2:45-4:00

Do you enjoy the relaxing practice of yoga stretches and meditation? In this kid-level yoga class, we will learn different yoga poses, practice relaxation, build our muscles, and learn a little about the history of yoga!

Gym Games (B) 4:15-5:15

This class is for everyone! We'll play all of the favorites, everything from dodgeball and pin-down to spiderball. Sportsmanship will be a focus.

Kindergarten Fun Bunch (B) 4:15-5:15

Introduces kindergarteners to fun arts and crafts, educational games and more targeted towards supporting their unique grade level.

Kids U Chefs (B&C) 4:15-6:15

Each week, kids will learn how to prepare a new healthy dish. At the end of the session they will leave with a cookbook to share their new skills with family and friends.

Friday Funtivities (C) 5:15-6:15

A combination of physical activity games and classic board and card games to keep their Friday afternoon's fresh and fun.

CONDITIONS OF MEMBERSHIP and PARTICIPATION:

Member Health: The applicant(s) represents that he/she is in physically sound condition and understands that participation in aerobics and other exercise, weight training, recreational sports, and use of pools, spas, saunas, steam rooms and fitness equipment carry a potential risk of injuries or illness. The applicant further understands that the YMCA of Greater Seattle assumes no responsibility for any such injury or illness.

Member Conduct and Right to Use the Facility: Applicant agrees to abide by all policies and procedures of the YMCA of Greater Seattle and its branches and understands that failure to act in accordance with these rules may result in expulsion from the YMCA and revocation of the membership.

Criminal History: The applicant acknowledges that it is the policy of the YMCA of Greater Seattle to deny membership to any individual convicted of a sexual offense and that the YMCA will periodically check its membership records for criminal history.

Property Loss: The applicant understands that the YMCA of Greater Seattle is not responsible for personal property lost, damaged or stolen while using YMCA facilities or participating in YMCA programs.

Photograph Permission: The applicant hereby gives permission for the YMCA (local, national and international) to use, without limitation or obligation, photographs or other media that may include the member's image or voice to promote or interpret YMCA programs.

Cell Phone/ Video Taping: Due to the advances in video equipment and telephone video technology, and for the safety and security of our members and guests, any and all video equipment may not be used in locker rooms, dressing areas, shower areas, restrooms, or other areas generally deemed to be "private" within YMCA facilities. The YMCA of Greater Seattle requests that cell phone usage be reserved for lobby areas only.

Insurance: The applicant understands that the YMCA of Greater Seattle does not provide any accident or health insurance for its members or participants and further understands it is the applicant's responsibility to provide such coverage.

Medical Treatment: I give permission to be given cardiopulmonary resuscitation (CPR). In the event the YMCA is unable to communicate with me, I also give permission to be given first aid treatment by a qualified staff member of the YMCA, and to be transported by ambulance or aid car to an emergency center for treatment. I further consent to the disclosure of any health information provided to the Y and to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-ray examinations, transfusions, injections, drugs) to be performed by a licensed physician or hospital selected by the YMCA when deemed immediately necessary or advisable by the physician to safeguard my health.

LIABILITY WAIVER

In consideration of being permitted to utilize the facilities, services and programs of the YMCA of Greater Seattle ("YMCA") for any purpose including but not limited to, observation or use of facilities and equipment and participation in any program affiliated with the YMCA without respect to location, I, on behalf of myself and any children, dependents or personal representatives, hereby:

1. Acknowledge that I have (a) read this release and waiver of liability; (b) had the opportunity to inspect the YMCA's facilities and equipment or will immediately upon entering or participating will inspect and carefully consider such premises, facilities or program; (c) accept the facilities, equipment and program as being safe and reasonably suited for the purposes intended and (d) voluntarily sign this release and waiver of liability.

2. Release the YMCA, its directors, officers, employees, agents and volunteers (collectively "YMCA Releases") from all liability to me for any loss or damage done to property or injury or death to person, whether caused by the ordinary negligence of the YMCA Releases or any other person, and while I am in, upon or about any YMCA branch or any facilities or equipment therein or participating in any program or service affiliated with the YMCA.

3. Agree not to sue the YMCA Releases for any loss, liability, damage, injury or death described above and I agree to indemnify and hold harmless the YMCA Releases and each of them from any loss, damage or cost they may incur due to my presence in, upon or about any YMCA branch or any facilities or equipment therein or my participation in any program or service affiliated with the YMCA whether caused by the ordinary negligence of the YMCA Releases or by any other person. I assume full responsibility for the risk of such loss, liability, damage, injury, or death.

I intend for this release and waiver of liability to be as broad and inclusive as is permitted by the laws of the State of Washington. If any portion hereof is held invalid, I agree that the balance shall continue in full force and effect.

REGISTRATION CONTINUED...

PLEASE SIGN ON ALL LINES BELOW:

- ◆ I agree to the Liability Waiver, Conditions of Membership and Participation, Medical Treatment, and the following information about special needs of my child. _____
- ◆ Participation: I give permission for my child to participate in all activities, including field trips, challenge course activities, overnights, and swimming and to be transported as authorized by the YMCA. _____
- ◆ Specific medical, behavioral or developmental needs of my child: the YMCA strives to provide the best care possible, and being prepared for my child's needs will help my child adjust to the program. I recognize that in some cases, this program may not be suitable for my child. Depending upon my child's needs, additional paperwork and a meeting with a YMCA Director may be required prior to my child's start to ensure my child can best be accommodated. Failure to share information that identifies my child's special care, accommodations or supervision needs may jeopardize the placement of or continued participation by my child in the program. _____
- ◆ Medical Treatment: I hereby give permission for my child to be given cardiopulmonary resuscitation (CPR) and first aid treatment by a qualified staff member of the YMCA in the event I cannot be contacted. I also give permission for my child to be transported by ambulance or aid car to an emergency center for treatment. I further consent to the disclosure of health information and to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-ray examinations, transfusions, injections, drugs) to be performed for my child by a licensed physician or hospital selected by the YMCA director when deemed immediately necessary or advisable by the physician to safeguard my child's health. _____
- ◆ I reaffirm my agreement to the "Conditions of Membership and Participation" and the "Liability Waiver." I release the YMCA, its directors, officers, employees, agents and volunteers (collectively "YMCA Releasees") from all liability, I agree not to sue the YMCA for any loss, liability, damage, injury or death, and I agree to indemnify and hold harmless the YMCA ambulance or aid car to an emergency center for treatment. I further consent to the disclosure of health information and to the medical, surgical and hospital care treatment and procedures (including, but not limited to, administration of necessary anesthetics, tests, x-ray examinations, transfusions, injections, drugs) to be performed for my child by a licensed physician or hospital selected by the YMCA director when deemed immediately necessary or advisable by the physician to safeguard my child's health. _____
- ◆ I reaffirm my agreement to the "Conditions of Membership and Participation" and the "Liability Waiver." I release the YMCA, its directors, officers, employees, agents and volunteers (collectively "YMCA Releasees") from all liability, I agree not to sue the YMCA Releasees for any loss, liability, damage, injury or death, and I agree to indemnify and hold harmless the YMCA Releasees. _____

REGISTRATION CONTINUED...

CHOOSE YOUR FALL CLASSES: See descriptions on following page

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A classes: -2:45-4:00pm <input type="checkbox"/> Ceramics <input type="checkbox"/> Soccer <input type="checkbox"/> Think Tank	A classes: -2:45-4:00pm <input type="checkbox"/> Messy Madness <input type="checkbox"/> Flag Football <input type="checkbox"/> Paper Crafts	A classes: -2:45-4:00pm <input type="checkbox"/> Wednesday Walkers <input type="checkbox"/> Young Inventors <input type="checkbox"/> Think Tank	A classes: -2:45-4:00pm <input type="checkbox"/> Board Game Club <input type="checkbox"/> Cardio Blast <input type="checkbox"/> Improv 101	A classes: -2:45-4:00pm <input type="checkbox"/> Lego Engineers <input type="checkbox"/> Lawn Games <input type="checkbox"/> Yoga
B classes: -4:15-5:15pm <input type="checkbox"/> Jewelry Making <input type="checkbox"/> Hoop it Up! <input type="checkbox"/> Outdoor Living Skills	B classes: -4:15-5:15pm <input type="checkbox"/> Out of this World <input type="checkbox"/> Dodgeball <input type="checkbox"/> Think Tank	B classes: -4:15-5:15pm <input type="checkbox"/> Fuse Beads <input type="checkbox"/> Kids U News <input type="checkbox"/> Run the Bases	B classes: -4:15-5:15pm <input type="checkbox"/> Checkmate <input type="checkbox"/> Field Games <input type="checkbox"/> Think Tank	B classes: -4:15-5:15pm <input type="checkbox"/> Kids U Chefs <i>*runs until 6:15pm</i> <i>*grades 2+</i> <input type="checkbox"/> Gym Games
C classes: -5:15-6:15pm <input type="checkbox"/> Hockey <input type="checkbox"/> Deal	C classes: -5:15-6:15pm <input type="checkbox"/> Tag! You're It! <input type="checkbox"/> Gameshow Club	C classes: -5:15-6:15pm <input type="checkbox"/> Jump Rope <input type="checkbox"/> Animal Kingdom	C classes: -5:15-6:15pm <input type="checkbox"/> Camp Crafts <input type="checkbox"/> Jurassic World	C classes: -5:15-6:15pm <input type="checkbox"/> Friday Funtivities

CHOOSE YOUR REGISTRATION OPTION:

- Enrichment Pass:** My child will attend Kids U 5 days per week all year long
-Monthly payments of \$460FM/\$500CM* (There is also a \$50 Registration Fee required for Enrichment Pass)
- By Class Plan:** We will register and pay for classes each trimester.
-Class fees are \$108FM/\$117CM* per class per quarter.

CHOOSE YOUR PAYMENT PLAN:

- Pay in Full
- Set me up for monthly payments

TOTAL AMOUNT DUE: _____

_____ Check (Made out to the University Family YMCA)

_____ Cash

_____ Visa _____ MasterCard _____ Discover _____ American Express

Card # _____

Exp. _____ Security Code _____

Cardholder's Signature _____

*FM: Facility Members CM: Community Members